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2008 GRANT REQUEST FORM

ORGANIZATION SEEKING GRANT		FUNDACION ICDP COLOMBIA	
Address Km. 4 VIA LA VALLE ADELANTE DE LA TEBaida / QUINDIO			
City: LA TEBaida	State QUINDIO	Zip code 6	
Phone 6- 7536944	Fax: 6-7536944	Email oliverio.jimenez@yahoo.com	
May we contact you through email? <input checked="" type="checkbox"/> yes <input type="checkbox"/> no			
ORGANIZATION DIRECTOR: CARMEN LUCIA ANDRADE VALLEJO			
Address CENTRO INTERNACIONAL AMANECER			
City : LA TEBaida	State: QUINDIO	Postal code: 6	
Phone:	Fax : 6-7536944	Email: icdpcolombia@hotmail.com	
May we contact you through email? <input checked="" type="checkbox"/> yes <input type="checkbox"/> no			
PROJECT DIRECTOR: NICOLETTA ARMSTRONG			
Address: 46 MILDRED AVENUE			
City: WATFORD	State: HERTS	Postal code WD18 7DZ	
Phone: 441923230121	Fax: 441923212005	Email: lailah@icdp.info	
Is the Organization Non-Profit? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No If so, ATTACH A COPY OF YOUR 501 (C) (3) LETTER			
Grant Amount Requested	6.915.870 pesos = US\$3.845 1 US \$ = 1.800 pesos	Grant period (One year or less)	6 months
Organizational Director <i>Signatures are required for this grant to be considered</i>		Project Director Date of request: 29 December 2008	

Will you be able to provide the following accountability documentation required by Susila Dharma USA if you receive a grant? YES NO

- A. Yearly Progress Report – see attached Report in Spanish
- B. Financial statements (profit/loss statement, cash flow statement) – see planned budget and real costs incurred by the project
- C. Project statistics
- D. Photos and/or videos as appropriate – see attached photos; there are video recordings of the teachers' interactions available on DVD

PROJECT DESCRIPTION

INFORMATION ON YOUR ORGANIZATION

A. Describe the purpose(s) and activities of the organization. Include your mission statement:

Mission: REACTIVATING HUMAN CARE

ICDP is a competence building agency (registered in Norway in 1992) in the field of psycho-social and educational care of children at high risk. Our general strategy is to convey competence and expertise, not only to individuals, but to organizations, universities, educational institutions and networks of care, so that the impact of our training can be spread wider, reaching more disadvantaged children and families, and be sustained longer, than individual or institutionally oriented interventions towards a limited number of disadvantaged caregivers and children. See www.icdp.info

Most agencies working with children who have undergone extreme deprivation naturally focus on their physical needs. But keeping them alive is only the first step. It is now well known that unless a child has a caring adult to love him and teach him life skills, social behaviour and morals that he needs, his mental and emotional development will be impaired. Recent research suggests that normal physical development of the brain depends on proper interaction between a caring adult and the growing child. In normal circumstances such learning happens naturally. But when families are uprooted through social changes, migration, catastrophes, children losing their parents, or having been numbed by severe deprivation and emotional shock, this care often breaks down and has to be reactivated through skilled help. If children do not receive sufficient love and attention while they are young, the problem also perpetuates itself because later on they become inadequate parents. ICDP's focus, therefore, is on trying to break this cycle. It does so by reactivating the existing caring skills and network that have been overlaid by stresses related to extreme poverty, social uprooting, migration, war and disaster.

ICDP as an organization has developed the ICDP programme as a tool for achieving its mission:

We deal both with organizations and local networks of care, by training selected key-persons in our programme who can then train others inside their organizations or networks.

The ICDP programme aims to bring out and sustain good quality interaction between caregivers and their children, by raising the awareness of caregivers about their children's psycho-social needs, by increasing their sensitivity as well as ability to empathise and respond to these needs.

The above objective is best achieved through facilitative, rather than instructive guidance, which encourages active involvement and sharing among all participants in the ICDP programme. The objective is to create a warm human environment with space for self reflection and self discovery, without imposing readymade formulas from outside.

Participant caregivers are invited to share their observations about their children's behaviour and their own responses to it. The task of the group leader, (an ICDP facilitator or an ICDP promoter), is to facilitate discussions with inquiring questions and then to stand back encouraging everyone to speak. He or she makes positive comments after the topics have been sufficiently explored by caregivers and at the end of the meeting emphasizes once more the developmentally oriented and optimistic conclusions arrived at by

the group itself. New understanding results from a process of exploration in group that draws on personal practical experiences of all those present.

The focus is on creating a space for the participant caregivers to hold meaningful and reciprocal dialogues, not only with each other, but to transfer this also in relation to their children, i.e. to practice listening and responding to their own children, as well as help their children learn to listen and respond to them.

B. Attach a copy of your Articles of Incorporation and Bylaws (if applicable)

The ICDP International organization has registered a local branch in Colombia and it is through this branch that the project of this application has been carried out – see attached statutes:

C. Describe previous projects undertaken by your organization (if applicable)

Overview of ICDP developments in Colombia

ICDP training and projects in cooperation with NGO ‘Fundacion Amanecer’ in Armenia:

- 1995** ICDP programme implemented with 90 families at risk in Jamundi, near Cali; 10 community workers (called FAMI mothers) linked to ICBF (Instituto Colombiano de Bienestar Familiar) trained as ICDP facilitators
- 1995** project with mothers of the 25 disadvantaged children attending the ‘Semillitas’ preschool run by Fundacion Amanecer
- 1997** project with 500 families at risk in Jamundi; 20 FAMI mothers trained as facilitators
- 1997** project with 70 poor rural families near Armenia; 7 FAMI mothers as facilitators
- 2000** project with 40 displaced mothers from La Tebaida in the aftermath of the earthquake; 5 FAMI mothers trained as facilitators
- 2001** project with 120 displaced mothers from La Tebaida in the aftermath of the earthquake; 15 FAMI mothers trained as facilitators
- 2001** project with 20 parents linked to the ‘Semillitas’ preschool
- 2001** project with parents of 120 disadvantaged young people linked to programme ‘Fuerza Joven’; 10 young people trained as facilitators

ICDP training and projects in cooperation with university in Medellín; La Fundación Universitaria Luis Amigó – FUNLAM:

- 1997** training of staff working in children protection centres
- training of professional people from institutions working with minors at risk of sexual abuse
- 1998** project and training in the institute called “Comunidad Terapeutica Convivencial Luis Amigó”, working with drug addicted families; participation of a student from Norway
- 1998:** training of teachers and students at FUNLAM, from the Department for Family Development (“Programme de Desarrollo Familiar”).
ICDP is integrated on permanent basis in the professional practice and in the overall intervention programme of the institute “Comunidad Terapeutica Convivencial Luis Amigó”.
- 1999:** training of pre-school directors and teachers

- 2000:** qualified ICDP trainers established at FUNLAM; training of professionals in the Capuchin organization; project with families whose children (6-11 years) have behavioural problems at school;
2 projects through the FUNLAM university's research department: 1) with adolescent mothers and 2) with 5 institutions that work in child protection.
- 2000:** ICDP programme is inserted in the curriculum for students, of the department for families, at FUNLAM University
- 2001:** training of social workers from 'Colegio San Jose' and project with parents and young people, families at high risk; participation of 2 students from Norway
- 2002:** ICDP programme is inserted in the curriculum for students of the psychology department at FUNLAM
- 2002 - 2008:** ongoing implementation of ICDP with displaced families in Medellin

ICDP training and projects in cooperation with the 'Centre for Research' of the 'University of Antioquia', in Medellín:

- 2002:** ICDP training of 24 students and 6 professionals from the psychology department
- 2003-2004:** ICDP inserted as a component of the project MILAGRO - 'Yo no soy desplazado, yo estoy desplazado', implementation of ICDP with 1200 displaced families in 8 cities; this project is also a research study, led by the Head of the Research Department, Dr Eumelia Galeano, which will produce (in April 2004) an evaluation of the impact of ICDP on families and children

ICDP training and projects in cooperation with UNICEF:

- 2002:** ICDP project reached families and children at high risk and/or displaced, in 26 towns in Colombia. UNICEF selected 150 experienced community workers to be trained as ICDP facilitators in 6 cities, Pasto, Popayan, Bogota, Calarca, Cucuta and Bucaramanga; facilitators trained 850 promoters who spread the program in their local communities. Community workers came essentially from two networks: ICBF (Istituto Colombiano de Bienestar Familiar) and Conferencia Episcopal (Catholic Church network). The planned project was to reach 6000 families but in practice it reached three times more due to the enthusiasm and voluntary work of trained facilitators and promoters. 20.011 families and 62.783 children benefited from the program.
- 2003:** In April, ICDP Colombia is legally registered as an NGO. Follow up refresher workshops were held for those trained in 2002, sponsored by UNICEF. A promotional video about the ICDP programme is produced in cooperation and sponsorship by UNICEF. ICDP materials were adapted and printed for wide scale use in Colombia in cooperation and sponsorship by UNICEF.
- 2004:** ICDP in cooperation with UNICEF, project in the 64 town of the Nariño province; training agents from ICBF (social services and PAB (Plan de atención básica en salud, which is a health network) as 383 facilitators, 3.710 promoters and reaching 30.894 families, 111.544 children.
- 2005:** ICDP- UNICEF-FONDO PARA LA ACCION AMBIENTAL cooperation, project in all of the 123 towns of the Boyaca province; training agents from ICBF, Education, Health and NGOs; trained were 904 facilitators, 4.992 promoters reaching 45.545 families, 149.000 children.
- 2006-2008:** ICDP in cooperation with UNICEF, ECOPETROL and the government of the HUILA province developed a 3 year project training agents from health, education and social services; trained are 133 facilitators, 1.408 promoters, who are reaching each year 13.914 families and 48.700 children.
- 2006-2008:** ICDP started cooperation with UNICEF developed a project for the province of Chocó, training professionals and agents from CINDE and ICBF networks; it is ongoing and planned to reach 4500 families by the end of 2008.
- 2006:** ICDP is recruited by the International Organization for Migrants (IOM), the Bogota city government secretariat in cooperation with the Defense Ministry to undertake a psychosocial intervention with ex guerrilla families and children; 200 families were reached and 7 ex guerrilla persons trained as promoters.
- 2007:** - follow up training of health professionals from PAB network in the Nariño province.

- Training of psychologists who work with ex guerrilla families, contract between OIM and ICDP **2006 and ongoing:** ICDP International consultant with trainers from ICDP Colombia undertook training in El Salvador (from 2006) and Guatemala (from 2007). In both countries ICDP is working in cooperation with UNICEF.

El Salvador: ICDP is a national programme through social services (ISNA), education (MINED), health and 5 NGOs; there are so far over 500 trained agents.

Guatemala: there are 38 trained facilitators and 52 promoters, linked to Plan International, SOSEP, Secretariat for social protection, the Institute for Social Security and SOS Guatemala; 444 families reached in 2007.

PROJECT INFORMATION

A. Give an overview of the project for which you are requesting a grant:

In 2007 I designed an ICDP pilot project for Colombia, which was based on the Scandinavian model used in preschools and schools in Norway and Sweden. In Colombia we have been working with ICDP since 1994 and these experiences served as basis for the adaptation of the model to the local cultural and educational context which is very different from the Scandinavian. The pilot project was carried out in a local school in La Tebaida, Quindio, in the “Colegio Luis Arango Cardona” showing positive results. The present project aims to continue building on this previous work, more specifically: to follow up the training of the teachers who already received ICDP, to train new teachers, to train one selected teacher to the level of ICDP trainer who can sustain ICDP in the future and thus make ICDP a part of the routine training of teachers. ICDP would be applied with teachers and also with parents of the children attending the school, and in addition the aim is to teach children the basic ICDP principles under the Ethics subject.

B. Describe how the project is connected to Subud (are Subud members directing it or are they recipients?):

There are many links with Subud. The team for this Project consisted of Subud members: myself, 2 trainers (Ilaina Ramirez and Patricia Garcia), the administrator Oliverio Jimenez. The accountant is not a Subud member.

The school chosen for the pilot project is close to the Amanecer Subud community where all the members of the ICDP Colombia team of trainers live and where the ICDP Colombia office is situated.

The recipients of the training are not Subud members.

C. Describe the activities that will be performed in this project:

The following is a summary of the planned activities:

1. Meetings with school director and his staff to establish agenda and timescale for ICDP activities
2. Workshops for teachers
3. One to one meetings of ICDP trainers with individual teachers
4. Filming of teachers' interactions with children during class
5. A series of meetings with teachers, forums for reflection about interactive practice (based on self and group analysis of filmed interactions)
6. Implementation of the ICDP sensitization meetings with pupils' parents
7. Preparation of a specific ICDP section in the curriculum for children
8. Evaluation
9. Writing of a project report

Techniques and activities for training teachers:

- **WORKSHOPS FOR TEACHERS** - Individual teachers are introduced to ICDP taught to make interactive profiles of their behavior in relation to children by observing themselves in action with children during typical daily situations which occur in the preschool. Their observations and their drawn profiles (graphs) are later shared with others in the forums for reflection, which are led by ICDP trainers. See report in Spanish with interactive profiles and graphs of the teachers.
- **FILMING OF TEACHERS** - ICDP trainers film each one of the teachers in one to one interactions with 3 children in different situations; these tapes are later watched and analyzed in the forum from the point of view of the 3 dialogues / 8 guidelines which serve as criteria for analysis
- **FILMING OF CHILDREN** - ICDP trainers film each teacher in interaction with one child, with whom they consider to have least empathy. The video recording is later watched in the forum, where each teacher makes a self analysis and the rest give positive feedback. The forum also looks at ways of improving these interactions in the future so that children receive what they need.
- **ICDP FORUMS:** these are meetings with teachers to explore their conceptions of children and to analyze interactive routines, putting particular emphasis on analyzing their own behavior in relation to the most vulnerable children in their care.

TARGET POPULATION

D. What is the target population of the project (age, gender, need, etc.)?

125 pre-school children
1 Teachers 1 supervisor
40 families (parents of the pre-school children)

E. How will the project benefit this target population?

1. To make teachers reassess and revalue their work from a more human perspective and to approach their work with more sensitivity (empathy) towards the children.
2. In families the aim is to replace possible negative conceptions of their children with a more positive image and attitude. To develop their sensitivity to recognize signs of vulnerability in children and to become better at knowing how to respond to children's needs. In the more violent parents the aim is to develop more positive ways of regulating their children's behavior, avoiding harsh punishments and shouting. The project aims to increase parents' ability to manifest affection and love towards their children, as well as dialogue as part of their daily interactions.
3. The above described benefits would in turn have a positive effect on the classroom inter-subjective environment, enhancing the pupils' motivation and ability to learn.

F. What is the demonstrated need for this project in the target population?

The dominant problems present in the community where the project is being implemented which relate to our work are:

- High prevalence of violent behaviour inside families
- High levels of child abuse
- Loss of family values
- Family disintegration
- Teenage pregnancies
- Malnourishment of children
- Drug abuse

The ICDP programme is seen as a tool that can contribute to combat and reduce the severity of the above listed problems that characterize the communities in and around La Tebaida.

G. How many of the target population is this project designed to serve?

171 including adults and children

STAFFING

H. How many staff members are required for this project?

1 ICDP international consultant
2 ICDP trainers
1 Administrator
1 Accountant
1 Secretary

I. Describe each staff person's responsibilities.

ICDP international consultant (me):

- Project design and content of project activities
- Upgrading of Colombian trainers' knowledge about ICDP in context of education
- Supervision of project implementation with ongoing support to trainers
- Revision of evaluation procedures
- Revision of final report

- TRAINERS:
 - Contact with the local school
 - Input to the design of project in its adaptation to local context
 - Sensitization workshops for teachers
 - Practical training in the application of the ICDP methodology in a school
 - Implementation of the ICDP programme with parents
 - Filming of interactions between teachers and pupils
 - Report writing

- ADMINISTRATOR:
 - Coordination of administrative aspects
 - Control of the budget expenditure

- ACCOUNTANT:

- Supervising the accounts
- SECRETARY:
- Typing documents related to accounting

M. What specialized training does each staff member need?

The content of training is the ICDP programme in all its aspects and specific modalities for teachers, parents and children; and at two levels, caregiver and trainer levels.

GOALS

N. What are the immediate goals of the project (six months)?

To implement the ICDP sensitization model for teachers and parents to enhance their interactive abilities and relationship with children

O. What are the short-term goals of the project (one year)?

Evaluate process and results of the training and establish team of trained staff in the school

P. What are the long-term goals of the project (two years and beyond)?

Present the model to Education authorities for scaling up of ICDP through education

FUNDING

Q. What are the sources of revenue for this project – what have you applied for, and what have you received?

We are yet to receive funding.

R. Itemize your basic budget (salaries, travel expenses, rental of space and/or equipment, supplies, etc.)

BUDGET in Colombian pesos

ITEM	DESCRIPTION	UNIT	Value in \$	Quantity		Value in \$
			Units	Pers	Units	Total
1	Salary trainer 1	month	400.000	1	5	2.000.000
2	Salary trainer 2	month	350.000	1	5	1.750.000
3	Materials	month	60.000	1	5	300.000
4	Didactic material					
	ICDP kit	unit	40.000	6	1	240.000
	ICDP booklets	unit	3.000	40	1	120.000
	Didactic DVD	unit	8.500	6	1	51.000
5	Workshop & meetings with teachers					
	Transport	days	10.000	6	2	120.000
	Refreshments	unit	2.500	8	5	100.000
6	Workshop for parents					
	Refreshments	unit	2.500	40	9	900.000
	Transport	unit	10.000	2	9	180.000

7	Production of audiovisuals					
	Revision edition and copies	hrs/person	15.000	1	10	150.000
	Subtotal					5.911.000
	Unpredicted costs			1	1	591.100
	Overhead					413.770
	Total					6.915.870

S. What volunteer help, donated materials, and/or in-kind services are expected?

I volunteer my work, as ICDP consultant and project director.

ICDP Colombia provides the office and the work of the administrator, accountant and secretary.

The school provides time and space for its teachers to be trained and for the parents to receive the ICDP programme.

PROJECT DIRECTOR

Describe the qualifications of the project director (education and work experience relevant to this project).

As one of the founders of ICDP I have been involved in the development of the programme and its implementation in many countries in the world. See curriculum vitae for more details.

